



AGENDA
WATAUGA CITY COUNCIL
WORKSHOP MEETING
MONDAY, SEPTEMBER 8, 2025
CITY HALL COUNCIL CHAMBER, 7105 WHITLEY ROAD
5:30 PM

This notice is posted pursuant to the Texas Open Meetings Act. Notice is hereby given that a **City Council Workshop Meeting** of the City of Watauga, Texas will be held at which time the following subjects will be discussed and may be acted upon.

CALL TO ORDER (Council Members, City Staff, Members of the Public - when speaking during the meeting please speak directly into the microphones on the dais or podium)

ROLL CALL

ANNOUNCEMENTS

PUBLIC COMMENT This is an opportunity for citizens to address the Council on items not posted on the current meeting agenda. Only those who have submitted a proper "Request to Speak Form" Shall be permitted to speak. Citizens should provide their name and address for the record and will have no more than 3 minutes to speak. If representing an organization or group, the speaker should identify who they represent. Those wishing to speak are reminded 1). All comments are to be directed to the Council. 2) Be respectful of others. 3) No profanity permitted. 4) Violators will be removed from the premises. No discussion by the Council or Staff is allowed except to correct factual inaccuracies or request that the item be placed on a future agenda.

PUBLIC TESTIMONY FOR ACTION ITEMS This is an opportunity for citizens to address the Council on current agenda action items (excludes presentations and reports). Only those persons who have submitted a proper "Request to Speak Form" will be allowed to speak. Citizens will be required to state their name and address for the record. They have up to 3 minutes to speak, and their comments must be germane to the item. If speaking for an organization or group, the speaker should identify the group represented. Council members may ask questions or discuss the item with the citizens directly.

PRESENTATIONS

1. Police Crisis Response Coordinator Christi Garcia will be presenting a PowerPoint overview of Watauga PD's Mental Health/Crisis Response Program. Presentation is 10 minutes, followed by a 10-minute Q/A.
James Lewis, Chief of Police
2. CivicPlus Training

ADJOURNMENT

Meeting Notices and Reservation of Rights

The City Council may retire to executive session any time between the meeting's opening and adjournment for the purpose of consultation with legal counsel pursuant to Chapter 551.071 of the Texas Government Code; discussion of personnel matters pursuant to Chapter 551.074 of the Texas Government Code if the requisite information is otherwise posted; deliberation regarding real property pursuant to Chapter 551.072 of the Texas Government Code; deliberation regarding economic development negotiations pursuant to Chapter 551.087 of the Texas Government Code; and/or deliberation regarding the deployment, or specific occasions for implementation of security personnel or devices pursuant to Chapter 551.076 of the Texas Government Code (as applicable) when determined necessary by the [City Council/Board/Commission/Committee] to address a subject matter on the agenda. Action, if any, will be taken in open session.

Attendance by Other Elected or Appointed Officials: It is anticipated that members of other governmental bodies, and/or city council, boards, commissions and/or committees may attend the meeting in numbers that may constitute a quorum of the body, board, commission and/or committee. Notice is hereby given that the meeting, to the extent required by law, is also noticed as a possible meeting of the other body, board, commission and/or committee, whose members may be in attendance, if such numbers constitute a quorum. The members of the city council, boards, commissions and/or committees may be permitted to participate in discussions on the same items listed on the agenda, which occur at the meeting, but no action will be taken by such in attendance unless such item and action is specifically provided for on an agenda for that city council, body, board, commission or committee subject to the Texas Open Meetings Act.

NOTICE

THIS FACILITY IS WHEELCHAIR ACCESSIBLE AND ACCESSIBLE PARKING SPACES ARE AVAILABLE. REQUESTS FOR ACCOMMODATIONS OR INTERPRETIVE SERVICES MUST BE MADE 48 HOURS PRIOR TO THIS MEETING. PLEASE CONTACT THE CITY SECRETARY'S OFFICE AT (817) 514-5825, OR FAX (817) 514-3625.

I, Linda Proskey, City Secretary for the City of Watauga, hereby certify that this agenda was posted on the bulletin boards at City Hall, 7105 Whitley Road, Watauga, Texas, on September 2, 2025, before 5:00 p.m., in accordance with Chapter 551 of the Texas Government Code.

/S/ Linda Proskey
City Secretary





AGENDA MEMORANDUM

DATE: July 15, 2025

TO: Honorable City Council Members

FROM: James Lewis, Chief of Police

THROUGH: James Lewis, Chief of Police

SUBJECT: Police Crisis Response Coordinator Christi Garcia will be presenting a PowerPoint overview of Watauga PD's Mental Health/Crisis Response Program. Presentation is 10 minutes, followed by a 10-minute Q/A.

BACKGROUND/INFORMATION:

FINANCIAL IMPLICATIONS:

RECOMMENDATION/ACTION DESIRED:

This item does not require a recommendation as it is a presentation/report.

ATTACHMENTS/ SUPPORTING DOCUMENTATION:

1. City Council 2025 pdf

REVIEWED BY:

James Lewis, Chief of Police

Sandra Gibson, City Manager

Linda Proskey, City Secretary

Approved as to form for inclusion on Agenda

Approved - 8/18/2025

Approved - 8/28/2025

Final Approval - 8/29/2025

Program Overview

Mental Health/
Crisis Response Unit



Introduction & Professional Experience

Christi Garcia

Crisis Response Coordinator

A Police Crisis Response Coordinator is responsible for supporting individuals in our community experiencing mental health or trauma-related crises. This role facilitates collaboration between law enforcement, mental health services, and community resources to ensure individuals in crisis receive timely, effective support and follow-up.

This position plays a critical role in enhancing the police department's response to mental health and trauma-related crises, reducing repeat encounters, and strengthening collaboration with behavioral health and support networks.

U.S. Marshals
Service

2023-2024

Program Manager

Contributed to the
re-implementation
of the Victim
Assistance Program

Federal
Bureau of
Investigation

2020-2023

Program Manager

Served as Regional
Program Manager
for the Victim
Services Division
which included
areas of
responsibility in
Wyoming, Utah,
Idaho, Montana &
Colorado.
Deployed to Mass
Shooting Incidents

Watauga
Richland Hills
Haltom City
NRH

2009-2020

Victim Assistance Coordinator

Managed the
development and
execution of each
city's police Victim
Assistance Unit.
Provided
immediate on-call
crisis intervention
and emotional
support

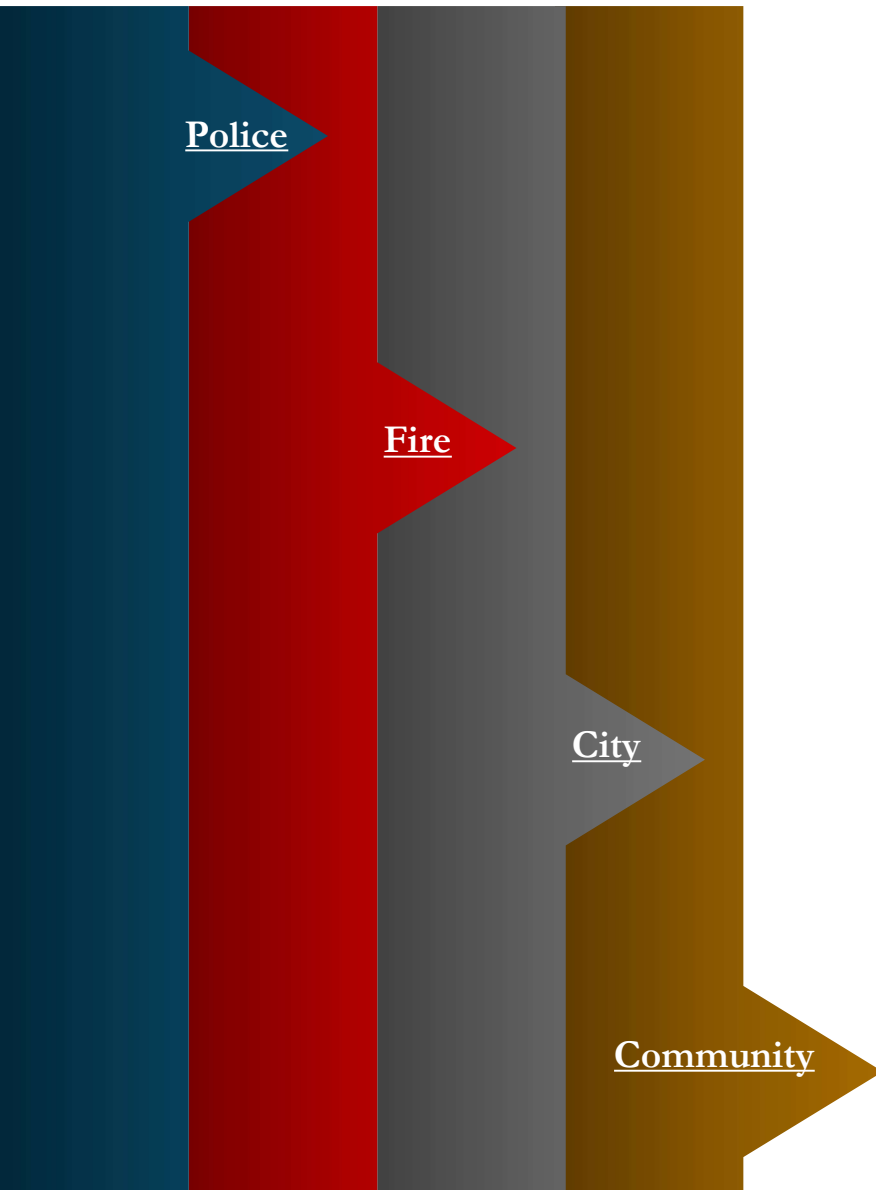
Arlington
Police
Department

1996-2007

Crisis Team Counselor

Launched the
Victim Assistance
Crisis Team.
Provided on-scene
crisis intervention,
support and
resources for
victims of violent
crime at the
request of an
officer

Law Enforcement Professional Experience



Key Focus Areas

- Police
- Fire
- City
- Community

Police

- Ongoing development and implementation of Crisis Response Unit within the Watauga Police Department.
- Provide Support and follow-up, both in person and by phone for individuals experiencing mental health challenges or trauma-related crises, connecting them to appropriate local resources.
- Focus on officer wellness by providing information and referrals that promote mental health, resiliency, and ongoing job effectiveness.



Fire

- Collaborate with fire personnel to assist those impacted by trauma or disaster-related incidents, ensuring timely access to needed resources.
- Provide support to vulnerable individuals facing challenges or trauma-related crises by connecting them with appropriate community resources.
- Offer follow-up and case management to promote ongoing support, reduce repeat calls, and help individuals build long-term stability.



City

- Identified a need, reached out to library staff, and delivered a Compassion Fatigue Overview presentation to support staff well-being.
- Led the effort to coordinate with our EAP insurance (Mutual of Omaha) to identify local counseling providers and secure a new provider specializing in trauma-related care for our first responders.



Community

- Serve on the United Way NE Steering Committee, representing the City of Watauga.
- Met with a variety of community partners, from senior services to faith-based organizations, to identify low-cost or free resources for those in need.



Vision & Direction

Strategic Priorities

- Expand availability of services across city departments.
- Develop a Crisis Response Unit webpage that is easy access by using QR Code.
- Create a volunteer/internship program to assist with case management and resources.



Vision & Direction (cont.)

Innovative Community Collaboration

- Utilize **Drone** technology to identify and map where our homeless residents are located across the city, helping NGOs connect them with services and resources.
- Expand and strengthen partnerships with community mental health and support services.
- Initiate connections with community organizations to bring in experts for learning and training opportunities.



Vision & Direction (cont.)

Staff Support and Wellness

- Provide trauma-informed training and resources for frontline staff and city employees.
- Send officers to off-site secondary trauma resiliency training ([VitalHearts.org](https://www.vitalhearts.org)) to support mental health, reduce burnout, and enhance performance and community service.
- Develop and implement a Family Orientation for new police recruits to provide families with valuable information and resources to help navigate challenges and understand the demands of a career in law enforcement.



Questions & Discussion



Thank you



AGENDA MEMORANDUM

DATE: August 27, 2025
TO: Honorable City Council Members
FROM:
THROUGH:
SUBJECT: CivicPlus Training

BACKGROUND/INFORMATION:

FINANCIAL IMPLICATIONS:

RECOMMENDATION/ACTION DESIRED:

ATTACHMENTS/ SUPPORTING DOCUMENTATION:

None

REVIEWED BY:

Sandra Gibson, City Manager

Linda Proskey, City Secretary

Approved as to form for inclusion on Agenda

Approved - 8/29/2025

Final Approval - 8/29/2025